

Useful Contacts

Advice on Education/SEN			
National	Advisory Centre for Education (ACE)	General Advice: 0808 800 5793 Exclusions Info Line: 0207 704 9822 Exclusions Advice: 0808 800 0327	www.ace-ed.org.uk email: enquiries@ace.dialnet.com
National	IPSEA	0800 0184016	www.ipsea.org.uk email: @ipsea.org.uk

ADD/ADHD			
National	ADD/ADHD Family Support UK	01380 726710	Google ADD/ADHD Family Support Group UK
National	ADDiSS	020 8952 2800	www.addiss.co.uk email: info@addiss.co.uk
Local	Milton Keynes ADHD Group: Monica Harris	01908 676779/ 01908 675110	www.mkadhd.org.uk email: info@mkadhd.org.uk
Local	ADHD/ASD & Behaviour Management Consultancy	01234 857876	www.adhdtherapybedford.co.uk email: sfuccillo@btopenworld.com

Advocacy			
Local	Advocacy Alliance	01234 262000	www.advocacyalliance.co.uk email: vicki.airs@advocacyalliance.co.uk
Local	Homestart North & Mid Beds	Bedford Office: 01234 270601 Mid Beds: 01767 226709	www.homestartnorthandmidbeds.co.uk email: wendie@homestartnmb.co.uk

Autism/Aspergers Syndrome			
National	National Autistic Society	0845 070 4004	www.nas.org.uk
National	TreeHouse	020 8815 5444	www.treehouse.org.uk email: info@treehouse.org.uk
Local	Autism Bedfordshire	01234 350704	www.autismbeds.org email: enquiries@autismbeds.org

Behavioural Difficulties			
National	The Challenging Behaviour Foundation (for children and adults with SLD)	General enquiries: 01634 838739 Family Support Line 0845 6027885	www.challengingbehaviour.org.uk email: info@thecbf.org.uk

Bereavement (Support for Children)			
National	Parentline Plus	0808 800 2222	www.parentlineplus.org.uk textphone: 0800 783 6783
Local	CHUMS Child Bereavement Service	01582 707469	www.chums.info email: chums.cbs@luton-pct.nhs.uk

Brain Injury/Neurological Conditions			
National	Cerebra	0800 3281 159	www.cerebra.org.uk email: info@cerebra.org.uk

Bullying			
National	National Children's Bureau		www.ncb.org.uk
National	The Advisory Centre for Education (ACE)	0808 800 5793	www.ace-ed.org.uk
National	Childline	0800 1111	www.childline.org.uk

National	BullyingUK		www.bullying.co.uk email: help@bullying.co.uk
National	Kidscape	08451 205204	www.kidscape.org.uk
National	Parentline Plus	0808 800 2222	www.parentlineplus.org.uk textphone: 0800 783 6783
National	Teachernet	0808 800 2222	www.teachernet.gov.uk/wholeschool/behaviour/tacklingbullying

Carers

Local	Carers in Bedfordshire	01234 214914	www.carersinbeds.co.uk email: contact@carersinbeds.co.uk
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Cerebral Palsy

National	SCOPE	0808 800 3333	www.scope.org.uk email: response@scope.org.uk text: SCOPE plus message to 80039
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Challenging Behaviour

National	The Challenging Behaviour Foundation	General enquiries: 01634 838739 Family support line: 0845 602 7885	www.thecbf.org.uk email: info@thecbf.org.uk
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Communication

National	I CAN	0845 225 4071	www.ican.org.uk email: ican@ican.org.uk
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Counselling (Young People)

Local	Bedford Open Door (13-25 years old)	01234 360388	www.bedfordopendoor.org.uk email: bedfordopendoor@ukonline.co.uk
Local	Talktime (10-21 years old)	01234 215726	www.relate.org.uk email: talktimebedford@hotmail.com

Cystic Fibrosis			
National	Cystic Fibrosis Trust	0845 859 1000	www.cftrust.org.uk email: enquiries@cftrust.org.uk

Diabetes			
Eastern Region	British Diabetes Association	01376 501390	www.diabetes.org.uk email: eastern@diabetes.org.uk

Disadvantaged Children			
National	KidsOut	01525 385232	www.kidsout.org.uk email: kidsout@kidsout.org.uk

Domestic Violence			
National	National Centre for Domestic Violence	0844 8044 999 08009 70 20 70	www.ncdv.org.uk text: NCDV to 60777
National	Bedfordshire Domestic Violence Partnership	24 hour helpline 0808 202 1796	
Local	Bedfordshire Domestic Violence Partnership	01234 276716	www.bedsdv.org.uk email: bdvp@bedscc.gov.uk

Down's Syndrome			
National	Down's Syndrome Association	0845 230 0372	www.downs-syndrome.org.uk email: info@downs-syndrome.org.uk
National	Down's Heart Group	0845 166 8061	www.dhg.org.uk email: info@dhg.org.uk
Local	Bedfordshire Downs Syndrome Support Group	01525 841418	www.bedsdownssyndrome.co.uk email: support@bedsdownssyndrome.co.uk

Drugs/Alcohol Abuse			
Local	B:DAT Bedfordshire Drug & Alcohol Action	01234 354193 07950 301426	www.can.org.uk email: k.bhatti@addaction.org.uk
National	FRANK	0800 776600	www.talktofrank.com text: 82111

Dyslexia			
National	British Dyslexia Association	0845 251 9002	www.bdadyslexia.org.uk email: helpline@bdadyslexia.org.uk
National	Dyslexia Action		www.dyslexiaaction.org.uk
National	PATOSS (Tutors)	01386 712650	www.patoss-dyslexia.org
Local	South Beds (BDA)	01582 752444	

Dyspraxia			
National	Dyspraxia Foundation	01462 454986	www.dyspraxiafoundation.org.uk email: dyspraxia@dyspraxiafoundation.org.uk

Eating Disorders			
National	beat	0845 634 1414 Youthline: 0845 634 7650	www.b-eat.co.uk email: fyp@b-eat.co.uk
Local	Caraline (Anorexia and Bulimia)	01582 457474	www.caraline.com email: info@caraline.com

Emotional and Mental Health			
National	Childline	0800 1111	www.childline.org.uk
National	PAPYRUS Prevention of young suicide	HOPELineUK 08000 684141	www.papyrus-uk.org
National	Young Minds		www.youngminds.org.uk
National	MIND	0845 766 0163	www.mind.org.uk email: info@mind.org.uk

Equipment/Adaptations			
National	The ACT Foundation	01753 753900	www.theactfoundation.co.uk email: info@theactfoundation.co.uk
National	Action for Kids	0845 300 0237	www.actionforkids.org email: info@actionforkids.org
National	Children Today Charitable Trust	01244 335622	www.children-today.org.uk email: info@children-today.org.uk

Epilepsy			
National	British Epilepsy Association	0808 800 5050	www.epilepsy.org.uk email: helpline@epilepsy.org.uk

Exclusion			
National	Advisory Centre for Education (ACE)	Advice Line: 0808 8000327 Information Line: 020 7704 9822	www.ace-ed.org.uk text: ASKACE to 68808

Family Support			
National	Action for Kids	0845 300 0237	www.actionforkids.org . email: info@actionforkids.org .

Hearing Impairment			
National	Deafblind UK	0800 132 320	www.deafblind.org.uk email: helpline@deafblind.org.uk
National	National Deaf Children's Society (NDCS)	0808 800 8880	www.ndcs.org.uk email: helpline@ndcs.org.uk
National	RNID	0808 808 0123	www.rnid.org.uk email: informationline@rnid.org.uk
National	SENSE	0845 127 0060	www.sense.org.uk email: info@sense.org.uk textphone: 0845 127 0062

**Holidays for Families with Children with SEN/Children in Need
(Charitable Organisations)**

National	The Family Holiday Association	020 7436 3304	www.fhalonline.org.uk email: info@familyholidayassociation.org.uk
National	The ACT Foundation (recreational and short breaks)	01753 753900	www.theactfoundation.co.uk email: info@theactfoundation.co.uk

Learning Difficulties

National	British Institute of Learning Difficulties (BILD)	01562 723010	www.bild.org.uk email: enquiries@bild.org.uk
National	Foundation for People with Learning Difficulties		www.learningdisabilities.org.uk email: fpld@fpld.org.uk
National	MENCAP	020 7454 0454	www.mencap.org.uk email: help@mencap.org.uk
Local	MENCAP	For details of local groups call 01582 727055	email: mariallison1981@hotmail.com

Lone Parents

National	One Parent Families	020 7428 5400	www.oneparentfamilies.org.uk email: info@oneparentfamilies.org.uk
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ME

National	The ME Association	0870 444 1836	www.meassociation.org.uk email: meconnect@meassociation.org.uk
Local	Carolyn Morris	01234 403664	

Muscular Dystrophy			
National	Muscular Dystrophy Group	Freephone 0800 652 6352	www.muscular-dystrophy.org email: info@muscular-dystrophy.org

Oppositional Defiance Disorder			
Local	Refer to Milton Keynes ADHD Group	01908 676779/ 01908 675110	www.mkadhd.org.uk email: info@mkadhd.org.uk

Parenting Support			
National	Parentline Plus	0808 800 2222	www.parentlineplus.org.uk textphone: 0800 783 6783

Rett Syndrome			
Local	Rett Syndrome Association UK	01582 798910	www.rettsyndrome.org.uk email: info@rettsyndrome.org.uk

School Support (Funding)			
Local	Bedford Educational Association	Argent House 5 Goldington Road Bedford MK40 3JY	
Local	Community & Voluntary Service Mid & North Bedfordshire	01234 363636 01234 347503	www.voluntaryworks.org.uk/cvsmidandnorthbeds email: info@cvsmidandnorthbeds.org.uk
National	The Prince's Trust	0800 842 842	www.princes-trust.org.uk
National	Support4learning		www.support4learning.org.uk
National	KPMG Foundation (refugees; young offenders; children and young people who have been in care; children and young people with dyslexia/literacy difficulties)		www.kpmg.co.uk/about/foundation/index.cfm

Sibling Support			
National	Forget-me-Not's (ASD)	01582 699092	
National	Sibs	01535 645453	www.sibs.org.uk email: info@sibs.org.uk

Sick Children			
National	Action for Sick Children	0800 0744519	www.actionforsickchildren.org

Sickle Cell Disease			
National	Sickle Cell Society	0208 961 7795	www.sicklecellsociety.org email: info@sicklecellsociety.org

Social Club (for young people 8-18 yrs with a diagnosed learning disability)			
Local	Floxgloves (Self referral or via social worker)	01234 408593	

Speech & Language Impairment			
National	AFASIC	0845 355 5577	www.afasic.org.uk email: info@afasic.org.uk
National	I CAN	0845 225 4071	www.ican.org.uk enquiry form on website

Spina Bifida/Hydrocephalus			
National	ASBAH	0845 450 7755	www.asbah.org email: helpline@asbah.org
Local	ASBAH	0208 441 9967	email: sero@asbah.org

Sport for Young People with Disability			
National	English Federation of Disability Sport (EFDS)	0161 247 5294	www.efds.co.uk email: federation@efds.co.uk
Local	Marlins (Special Needs Water Activity Club)	01234 351988	email: marlins.swimclub@ntlworld.com
Local	Bedfordshire Football Association Limited (Disability Football)	01582 565111 Mobile: 07939 201617	email: les.dedman@bedfordshirefa.com

Support for Young People			
National	Barnado's	020 8551 0011	www.barnados.org.uk
National	The Children's Society	0845 300 1128	www.childrenssociety.org.uk email: supporteraction@childrenssociety.org.uk
National	National Association for Gifted Children	0845 450 0295 01908 646433	www.nagcbritain.org.uk email: amazingchildren@nagcbritain.org.uk
National	Action for Children	0300 123 2112	www.actionforchildren.org.uk email: supporter.care@actionforchildren.org.uk
National	NSPCC	Helpline: 0808 800 5000 Childline: 0800 111	www.nspcc.org.uk email: help@nspcc.org.uk textphone: 0800 056 0566
National	UNICEF UK	0844 801 2414	www.unicef.org.uk
National	Who Cares? Trust	020 7251 3117	www.thewhocarestrust.org.uk email: mailbox@thewhocarestrust.org.uk

Support for Parents/Carers			
National	Face to Face (SCOPE)	0844 800 9189	www.face2facenetwork.org.uk email: face2facenetwork@scope.org.uk
Local	Carers in Bedfordshire	01234 214914	www.carersinbeds.co.uk email: contact@carersinbeds.co.uk

Local	Families United Network	01582 523691	www.familiesunitednetwork.co.uk email: enquiries@familiesunitednetwork.co.uk
National	Contact a Family (for families with disabled children)	0808 808 3555	www.cafamily.org.uk email: helpline@cafamily.org.uk textphone: 0808 808 3556
National	OAASIS (Office for Advice, Assistance, Support and Information)	0800 902 0732	www.oasis.co.uk email: oasis@cambiagroup.com

Tourette Syndrome

National	Tourettes Action	0845 458 1252	www.tourettes-action.org.uk email: help@tourettes-action.org.uk
National	Tourette Syndrome (UK) Association	0845 458 1252	www.tsa.org.uk email: help@tourettes-action.org.uk

Transition(14+)

Local	Connexions (Bedfordshire and Luton)	0800 032 1319	www.connx.org.uk email: info@connx.org.uk
National	Rathbone Special Education Advice Line	0800 731 5321	www.rathboneuk.org

Visual Impairment

National	National Blind Children's Society (NBCS)	0800 781 1444	www.nbcs.org.uk email: FamilySupport@nbcs.org.uk
National	Royal National Insitute of Blind People (RNIB)	0303 123 9999	www.rnib.org.uk email: helpline@rnib.org.uk
National	LOOK	0121 428 5038	www.look-uk.org email: office@look-uk.org